

1

2 **Fatty acid profiles of feeding and fasting bears: Estimating calibration coefficients,**
3 **the timeframe of diet estimates, and selective mobilization during hibernation**

4

5 Gregory W. Thiemann*, Karyn D. Rode, Joy A. Erlenbach, Suzanne M. Budge, Charles
6 T. Robbins

7

8 **G.W. Thiemann:** Faculty of Environmental and Urban Change, York University,
9 Toronto, ON Canada; ORCID 0000-0002-1888-900X

10 **K.D. Rode:** US Geological Survey, Alaska Science Center, Anchorage, AK USA;
11 ORCID 0000-0002-3328-8202

12 **J.A. Erlenbach:** School of Biological Sciences, Washington State University, Pullman,
13 WA USA; ORCID 0000-0003-0347-3711. (Current address: Kodiak National Wildlife
14 Refuge, 1390 Buskin River Rd, Kodiak, AK USA)

15 **S.M. Budge:** Process Engineering and Applied Science, Dalhousie University, Halifax,
16 NS Canada; ORCID 0000-0003-4984-7344

17 **C.T. Robbins:** School of the Environment and School of Biological Sciences,
18 Washington State University, Pullman, WA USA; ORCID 0000-0003-1207-7745

19

20 *Corresponding author. E-mail: thiemann@yorku.ca

21 RH: Fatty acid metabolism in brown bears

22 **Abstract**

23 Accurate information on diet composition is central to understanding and conserving
24 carnivore populations. Quantitative fatty acid signature analysis (QFASA) has emerged
25 as a powerful tool for estimating the diets of predators, but ambiguities remain about the
26 timeframe of QFASA estimates and the need to account for species-specific patterns of
27 metabolism. We conducted a series of feeding experiments with four juvenile male brown
28 bears (*Ursus arctos*) to (1) track the timing of changes in adipose tissue composition and
29 QFASA diet estimates in response to a change in diet and (2) quantify the relationship
30 between consumer and diet FA composition (i.e., determine “calibration coefficients”).
31 Bears were fed three compositionally distinct diets for 90-120 days each. Two marine-
32 based diets were intended to approximate the lipid content and composition of the wild
33 diet of polar bears (*U. maritimus*). Bear adipose tissue composition changed quickly in
34 the direction of the diet and showed evidence of stabilization after 60 days. During
35 hibernation, FA profiles were initially stable but diet estimates after 10 weeks were
36 sensitive to calibration coefficients. Calibration coefficients derived from the marine-
37 based diets were broadly similar to each other and to published values from marine-fed
38 mink (*Mustela vison*), which have been used as a model for free-ranging polar bears. For
39 growing bears on a high-fat diet, the temporal window for QFASA estimates was 30-90
40 days. Although our results reinforce the importance of accurate calibration, the
41 similarities across taxa and diets suggest it may be feasible to develop a generalized
42 QFASA approach for mammalian carnivores.

43

44 **Key words:** Foraging ecology, brown bear, hibernation, polar bear, QFASA

45 **Funding.** Financial support was provided by Natural Sciences and Engineering Research
46 Council (NSERC) Canada, U.S. Fish and Wildlife Service Marine Mammals
47 Management program, US Geological Survey, Interagency Grizzly Bear Committee, FRI
48 Research Grizzly Bear Program, USDA National Institute of Food and Agriculture
49 (Hatch project WNP 00226), Raili Korkka Brown Bear Endowment, Nutritional Ecology
50 Endowment, and Bear Research and Conservation Endowment at Washington State
51 University.

52 **Conflicts of interest/Competing interests.** The authors confirm they have no conflicts
53 or completing interests. Any use of trade, firm, or product names is for descriptive
54 purposes only and does not imply endorsement by the U.S. Government.

55 **Availability of data and material.** The datasets generated during the current study are
56 available from the corresponding author on reasonable request.

57 **Code availability** (software application or custom code). All analyses were conducted in
58 R, version 4.0.0.

59 **Authors' contributions** GWT, KDR, and CTR conceived the work; GWT analyzed the
60 data and wrote the initial manuscript; JAE and CTR conducted the experiments; SMB
61 analyzed the samples. All authors contributed to writing and editing the final version.

62

63

64 **Introduction**

65 The ability to locate and capture preferred prey is closely tied to the survival and
66 reproductive rates of top predators (Peterson et al. 1998; Fuller and Sievert 2001;
67 Chevallier et al. 2020). Climate warming, and other anthropogenic drivers of
68 environmental change, can disrupt patterns of prey abundance and availability with
69 negative consequences on predator population dynamics (Regehr et al. 2007; Northrup et
70 al. 2012). Accurate information on diet composition and patterns of prey selection is thus
71 central to understanding carnivore ecology and to the design and implementation of
72 effective conservation strategies (Sierro and Arlettaz 1997; Parrish et al. 2002).

73 A variety of methods have been developed to estimate the diet composition of
74 free-ranging predators, including direct observation (Stirling 1974), stomach and fecal
75 content analysis (Barnett et al. 2010; Klare et al. 2011) and, more recently, biochemical
76 tracer methods (Fry 2006; Budge et al. 2006). Quantitative fatty acid signature analysis
77 (QFASA) generates estimates of individual diets by comparing the fatty acid (FA)
78 composition of predator and prey (Iverson et al. 2004). QFASA has emerged as an
79 especially useful tool for estimating the diets of marine (Beck et al. 2007; Budge et al.
80 2012) and Arctic predators (Thiemann et al. 2008; Wang et al. 2010; Haynes et al. 2015),
81 because of the diversity of dietary FA and high lipid content of potential prey,
82 respectively.

83 Accuracy of QFASA is contingent on the use of appropriate calibration
84 coefficients (CCs) that account for FA-specific patterns of metabolism in the predator
85 (Meynier et al. 2010; Budge et al. 2012). CCs are calculated as simple ratios of the
86 abundance of a given FA in the tissue of the predator relative to the abundance in the diet,

87 after tissue-diet equilibration (Iverson et al. 2004). CCs can then be applied to either the
88 predator or prey FA data prior to running the QFASA model (Bromaghin et al. 2015).
89 Because metabolic patterns may be species-specific, and potentially influenced by the
90 gross composition of the diet (Rosen and Tollit 2012), a lack of accurate and appropriate
91 CCs can limit the utility of QFASA as an investigative tool. Bromaghin et al. (2017)
92 developed a model that allows for simultaneous estimation of both predator diet
93 composition and CCs using only predator and prey FA data, which may eliminate the
94 need for empirically derived CCs. However, a single set of CCs may not be appropriate
95 for all groups of predators in a population and a better understanding of the influence of
96 diet composition and nutritional status (i.e., whether an animal is gaining, losing, or
97 maintaining body mass) on CCs and diet estimates is needed to determine how estimated
98 CCs should be applied across groups of animals.

99 The temporal window of QFASA diet estimates also remains uncertain. Iverson et
100 al. (2004) assumed that the blubber of captive gray seals (*Halichoerus grypus*) reflected
101 diet consumed over the preceding 3-5 months. Budge et al. (2004) showed that
102 radiolabeled FA consumed in the diet were deposited in gray seal blubber within 12
103 hours. Adipose tissue thus represents an integration of recent and long-term diet and most
104 studies using QFASA assume that results reflect diet over a period of “weeks to months”
105 (Beck et al. 2005; Budge et al. 2006; Galicia et al. 2015; McKinney et al. 2017).
106 However, the ambiguity of this timeframe limits ecological insights.

107 The temporal window of QFASA estimates may also depend on the energy
108 balance of the individual. Although few studies have been conducted, the rate of FA
109 turnover in mammalian adipose tissue is likely correlated with the rate of lipid intake

110 (Anderson et al. 1972), but will also be affected by other physiological functions such as
111 growth and lactation (Foglia et al. 1994; Nordstrom et al. 2008). A fasting animal will
112 mobilize stored fat, but if that mobilization is selective (i.e., some FA are preferentially
113 mobilized or conserved; e.g., Florant et al. 1990; Hill and Florant 1999; Raclot 2003),
114 QFASA estimates may not accurately reflect integrated diet composition.

115 Polar bears (*Ursus maritimus*) are wide-ranging top predators that rely on annual
116 sea ice for access to their marine mammal prey (Stirling and McEwan 1975; Stirling and
117 Archibald 1977; Thiemann et al. 2008). Polar bear population dynamics have been
118 negatively affected by climate warming, primarily mediated by disruptions in prey
119 availability (Derocher et al. 2004; Regehr et al. 2007; Lunn et al. 2016; Pagano et al.
120 2018). Thus, accurate information on polar bear diet composition is central to
121 understanding the ecological effects of Arctic climate warming (McKinney et al. 2013;
122 Rode et al. 2014; Pilfold et al. 2015). Given the vast distribution and low density of polar
123 bear populations, as well as their high-fat, marine-based diet, QFASA has emerged as an
124 especially powerful tool in understanding polar bear foraging ecology (Iverson et al.
125 2006; Thiemann et al. 2008; Galicia et al. 2016; Bourque et al. 2020). Controlled feeding
126 studies of polar bears are often limited by small sample sizes and logistical constraints
127 associated with housing polar bears in zoos and aquaria (Rode et al. 2016). Thus, studies
128 of polar bears using QFASA have largely relied on data from model species, primarily
129 mink (*Mustela vison*), fed a known marine-based diet (Thiemann 2006; Galicia et al.
130 2015; McKinney et al. 2017). However, the validity of the mink model for polar bears
131 has rarely been tested (but see Bromaghin et al. 2017)

132 Brown bears (*U. arctos*) are biologically similar to polar bears in many respects,
133 owing to their close evolutionary relationship (Welch et al. 2014; Cahill et al. 2015,
134 2018). Where ecological circumstances allow, the two species may use shared resources
135 (Miller et al. 2006; Doupe et al. 2007; Barnas et al. 2020) and even interbreed (Pongracz
136 et al. 2017). Brown bears may therefore serve as a more appropriate model than mink for
137 understanding patterns of metabolism relevant to dietary analysis in polar bears.

138 We conducted a series of controlled feeding studies using 4 juvenile brown bears,
139 with the following objectives: (1) quantify the relationship between diet and predator FA
140 for bears on a diet nutritionally similar to that of wild polar bears; (2) develop CCs to
141 improve QFASA diet estimation for free-ranging bears; (3) estimate the timeframe for
142 QFASA derived diet estimates; (4) determine changes in FA profiles during
143 fasting/hibernation (e.g., selective mobilization or conservation of specific FA).

144

145 **Materials and methods**

146 *Captive feeding and fasting trials*

147 We conducted controlled feeding experiments using four juvenile male brown
148 bears at the Washington State University Bear Research, Education, and Conservation
149 Center. Juvenile bears in a dedicated research center allowed us to isolate the bears from
150 alternative food items (i.e., plants) that are often present within the exhibits of captive
151 bears and allowed us to obtain tissue samples at regular intervals, a sampling protocol
152 that would not be compatible with the husbandry requirements of older bears or those in
153 zoos.

154 Beginning in May 2011, all bears were fed the same series of three diets over two
155 years (Table 1). The Trial 1 diet consisted of dry dog food (Science Diet, Hill's Pet
156 Nutrition, Inc., Topeka, KS) enriched with calcium, vitamin E and minerals. The diets
157 used in Trials 2 and 3 were comprised of dry dog food supplemented with oil derived
158 from salmon (JEdwards International Inc., bulk wild Alaskan salmon oil) and anchovy
159 (*Engraulis ringens*; JEdwards International, Inc., omega-3 fish oil), respectively. Trial 4
160 was a fasting period during which bears were in hibernation. Trials 1 and 2 occurred in
161 year 1 when the males were first-year cubs (age 5 months at Trial 1 start) and Trials 3 and
162 4 occurred in year 2 when the males were yearlings (age 1.5 years at Trial 3 start). Oil-
163 supplemented diets were prepared in batches by homogenizing dog food pellets and
164 marine fish oil at a wet weight ratio of ca. 2:1. Marine fish oil accounted for 82% and
165 81% of the dietary lipid for Trials 2 and 3, respectively (Table 1). These diets were
166 constructed to approximate the lipid content and FA composition of the wild diet of polar
167 bears while meeting the animals' micronutrient requirements. Wild polar bears
168 preferentially consume the blubber of seals (Stirling 1974; Stirling and Archibald 1977),
169 and captive studies have suggested that polar bears will selectively consume up to 80%
170 blubber (unpublished data cited in Best 1985). Nevertheless, polar bears on the sea ice
171 also scavenge prey remains and will consume some seals almost entirely (Stirling and
172 Archibald 1977). It is thus difficult to estimate the lipid content of the typical wild diet.
173 We used a total lipid content of ca. 40% in Trials 2 and 3 because it was the maximum
174 achievable while still producing a homogenous mixture. The 3 different experimental
175 diets provided an opportunity to calculate CCs for diets with different FA profiles and
176 different lipid contents (Budge et al. 2020).

177 Bears were fed *ad libitum* during all trials. The bears were fed the Trial 1 diet for
178 90 days and then immediately switched to the Trial 2 diet for another 90 days. The
179 experiment was stopped, and bears were fed a mixed diet prior to winter hibernation.
180 Trial 3 was initiated when bears emerged from hibernation in spring 2012 and were fed
181 dog food supplemented with anchovy oil. Trial 3 lasted 120 days to increase the chances
182 bear FAs would equilibrate with the diet, after which bears were again fed a mixed diet
183 for 4 weeks prior to winter hibernation (Trial 4; see Table 1). All food was withdrawn at
184 the beginning of Trial 4, but bears had access to water *ad libitum*.

185

186 *Sample collection*

187 Diet samples were collected at the beginning of each feeding trial. One sample of
188 dog food was collected from each batch of homogenized pellets (one in 2011, two in
189 2012) and a sample of marine fish oil was collected from each barrel used (one for
190 salmon, two for anchovy). Bears were immobilized with Telazol (tiletamine HCl and
191 zolazepam HCl; Fort Dodge, IA) prior to collecting adipose tissue samples using a 6 mm
192 biopsy punch inserted through a small incision in the skin, approximately 15 cm lateral to
193 the base of the tail. We collected an adipose tissue biopsy from each bear 30-45 days after
194 the initiation of a feeding trial and at the beginning of the fasting/hibernation period in
195 2012. Sampling was repeated ca. every 2 weeks during feeding trials and every 21-65
196 days during hibernation. Final samples were collected at the end of each trial. Samples
197 were stored at -80°C until analysis. All sampling and handling procedures were reviewed
198 and approved by the Washington State University Institutional Animal Care and Use
199 Committee.

200

201 *Laboratory analysis*

202 Lipid was quantitatively extracted from adipose tissue biopsies and dog food
203 samples using 2:1 chloroform:methanol according to Folch et al. (1957) as modified by
204 Iverson et al. (2001). FA methyl esters (FAME) were prepared from lipid extracts and
205 dietary oil samples using H₂SO₄ as a catalyst (Budge et al. 2006) and analyzed in
206 duplicate on a Perkin Elmer Autosystem II Capillary gas chromatograph fitted with a
207 flame ionization detector and a flexible fused silica column (30 m x 0.25 mm ID) coated
208 with 50% cyanopropyl polysiloxane (0.25 µm film thickness; Agilent Technologies, DB-
209 23; Palo Alto, CA, USA). We inspected each chromatogram manually and corrected any
210 erroneously identified peaks. FAs were measured as the mass percent of all FAs in the
211 extracted lipid sample and are described according to carbon chain length:number of
212 double bonds and location (n-x) of the first double bond relative to the terminal methyl
213 group.

214

215 *Calibration coefficients and diet estimates*

216 The FA composition of Trial 2 and 3 diets was calculated by combining the FA
217 values of the dog food and marine fish oil samples according to their relative lipid
218 contributions (Table 1). Direct measurement of the FA composition of combined dog
219 food and fish oil was precluded by separation of lipid and non-lipid components in
220 homogenized diet samples. We identified up to 70 FA in the samples, but some FA were
221 present in only trace amounts. We therefore limited analyses to FA identified in at least
222 one diet at > 0.1% of the total (as per Budge et al. 2012). This full FA set included 45

223 FAs that accounted for a mean of 98.9% (range: 98.2 to 99.5%) of total bear FA. The full
224 FA set was rescaled to sum to 100% across all diets and bears.

225 Calibration coefficients were calculated by dividing the percentage of a given FA
226 in each bear by the percentage of the same FA in the diet, averaged across all 4 bears
227 (Iverson et al. 2004). We used the final (i.e., day 90 or 120) FA value for each bear to
228 calculate CCs. Thus, we generated a separate set of CCs for each of the 3 experimental
229 diets. We also compared our results to two sets of CCs generated from studies of captive
230 mink; one set from mink fed a controlled diet supplemented with herring, seal oil or
231 poultry (n = 37, hereafter called “Mink (all)”), and another set using only those mink fed
232 herring or seal oil (n = 21, hereafter called “marine-fed mink”). Both mink sets have been
233 used previously to estimate the diets of polar bears (see Thiemann 2006 and Thiemann et
234 al. 2008 for details).

235 We used QFASA (Iverson et al. 2004) to generate diet estimates for each bear
236 every time they were sampled. Briefly, QFASA models the FA composition of a predator
237 as a linear mixture of potential prey signatures and estimates diet composition by
238 minimizing the distance between the observed and modeled predator, after applying CCs.
239 We used the Aitchison distance measure and generated estimates in the prey space (see
240 (Bromaghin et al. 2015). We could not use a single set of FA to estimate the diets of all
241 bears in the study because some FA were not present in one or more of the experimental
242 diets or the mink CC sets (Table 2). Therefore, diets of bears in Trial 1 were estimated
243 using the Full FA set, minus those FA < 0.1% in either the Trial 1 diet or Trial 1 bears,
244 yielding a set of 18 FA. For bears in Trials 2, 3, and 4, we used a modeling set of 22 FA
245 that was patterned after Florko et al.’s (2020) set of 29 FA, minus 7 FA that were not

246 present in our data set (i.e., < 0.1%; 16:2n-6, 16:4n-3, 16:4n-1, 18:3n-1, 20:3n-3, 22:1n-7,
247 22:4n-3). Although the choice of FA could potentially affect the performance of QFASA,
248 our goal was to develop CCs and test their performance under standardized conditions.
249 Other studies have found little difference in diet estimates generated from different FA
250 sets (Meynier et al. 2010; Wang et al. 2010). All QFASA estimates were generated in R
251 (version 4.0.0, The R Foundation for Statistical Computing, 2020) using the qfasar
252 package (Bromaghin 2017).

253

254 *Statistical analysis*

255 To assess the accuracy of QFASA diet estimates, we calculated the sums of the
256 absolute differences between the actual and estimated proportions for each food type,
257 following the equation (Budge et al. 2012):

$$\begin{aligned} 258 \quad \text{sum of differences} &= (|\text{actual}_{\text{dog food}} - \text{estimated}_{\text{dog food}}| \\ 259 &\quad + (|\text{actual}_{\text{salmon oil}} - \text{estimated}_{\text{salmon oil}}| \\ 260 &\quad + (|\text{actual}_{\text{anchovy oil}} - \text{estimated}_{\text{anchovy oil}}|)) \end{aligned}$$

261 We constructed a linear mixed model to assess the effect of CC set on the sum of
262 differences for final diet estimates, with CC as a fixed factor and Bear ID as a random
263 factor. We compared QFASA model outputs using CCs from all 3 feeding trials, plus the
264 two mink CC sets described above. The diet estimates for a given feeding trial that were
265 generated using CCs derived from that same trial were used as an idealized benchmark
266 against which other CC sets could be compared. We also used a linear mixed model to
267 investigate whether and how sums of differences changed over time, with sampling date
268 as a fixed factor and Bear ID as a random factor. We used quantile-quantile plots to

269 assess the normality of residuals and, where necessary, sums of differences were log
270 transformed to meet model assumptions. Parameter p-values were generated using Wald
271 tests and we used Tukey post-hoc contrasts to compare group means. All statistical
272 analyses were performed in R (version 4.0.0, The R Foundation for Statistical
273 Computing, 2020). We used the nlme package to construct linear mixed models and the
274 multcomp package to perform post hoc tests with statistical significance set at $\alpha = 0.05$.

275

276 **Results**

277 *Diet composition*

278 The three experimental diets differed in their FA composition. The Trial 1 diet
279 was comprised of dog food (Table 1) and had 10.8% lipid (dry matter basis). The FA
280 composition was dominated by three FA: 16:0, 18:1n-9 and 18:2n-6 accounted for 80.3%
281 of total extractable lipid. The diet for Trial 2 was comprised of dog food supplemented
282 with salmon oil and although it had a similar ratio of
283 saturated:monounsaturated:polyunsaturated FA as Trial 1 (Table 2), its composition was
284 more balanced across FA (Fig 1). The diet used in Trial 3 was comprised of dog food
285 supplemented with anchovy oil and had the highest proportion of polyunsaturated FA,
286 which accounted for >40% of total lipid (Table 2).

287

288 *Changes in bear FA profiles during feeding and fasting*

289 The relative abundance of most FA was stable over the course of Trial 1, which
290 reflects the fact that bears were fed dog food prior to the start of the trial. However, some
291 FA did show gradual change over Trial 1 (e.g., 16:1n-7, Fig S1), indicating *de novo*

292 synthesis or mobilization. Once switched to the Trial 2 diet, bear FA profiles changed
293 rapidly in the direction of the new diet. The most rapid change occurred between day 1
294 and day 45, with more gradual change evident in subsequent samples. During Trial 3,
295 bear FA profiles again changed rapidly in response to the new diet, with large shifts in
296 FA occurring between day 1 and day 29, with more gradual changes thereafter and
297 evidence of stabilization after day 62 (Fig 2).

298 There was variability in FA patterns during hibernation (Trial 4). FA profiles were
299 generally stable during the first 3 weeks of hibernation, but beyond that some FA
300 increased (e.g., 18:1n-9), some decreased (e.g., 20:5n-3), while others remained stable
301 (e.g., 18:2n-6; see Table 3, Fig. 2). Of the 45 total FA, 20 decreased during hibernation
302 (mean change in % total FA: -0.39 ± 0.76 , range: -2.92 to -0.01) and 25 increased (mean
303 change in % total FA: 0.31 ± 0.73 , range: 0.003 to 3.66). The FA showing the largest
304 proportional changes (i.e., >52%) were only present in small amounts (i.e., < 1% of total
305 FA). Of the FA accounting for >1% of total FA, 20:5n-3 showed the greatest proportional
306 change, declining by 51.5% over 140 days of hibernation (Table 3).

307

308 *Calibration coefficients*

309 Trial 1 yielded CC values for 38 FA, a smaller number than Trial 2 (45 FA) or
310 Trial 3 (44 FA) because of the more limited diversity of FA in the Trial 1 diet. Trial 1
311 CCs were generally comparable with Trial 2 and 3, with some exceptions (Fig 3). CC
312 values from Trials 1 and 2 were virtually identical for 16:1n-9, 18:0, 18:1n-11, and 20:0.
313 In contrast, the calibration for i-17:0 generated from Trial 1 was 37 times higher than the
314 value generated from Trial 2. Trial 1 CCs were consistently higher than either of the other

315 feeding trials for the long chain polyunsaturated FA 22:4n-6, 22:5n-6, 22:5n-3, and
316 22:6n-3.

317 CCs generated from Trials 2 and 3 were generally similar, again with some
318 exceptions. The largest difference was in the CC for 20:1n-11, which was more than 20
319 times larger from Trial 3 than from Trial 2. The CCs generated from captive brown bears
320 were also comparable to those generated from captive mink, also fed a marine based diet
321 (Fig 3), with a few exceptions. For example, the CC value for 18:1n-13 generated from
322 Trial 3 was 3.6 times larger than the marine-fed mink value, whereas the marine-fed mink
323 CC for 18:1n-11 was 3.8 times larger than the value from Trial 2.

324

325 *QFASA estimates across CC*

326 We used sums of differences between actual and estimated diets to assess the
327 accuracy of QFASA diet estimates generated at the end of each feeding trial. The CC set
328 used in QFASA modelling had a significant effect on the accuracy of diet estimates
329 (linear mixed model, Trial 1: $F_{5,15} = 314.2$, $p < 0.001$; Trial 2: $F_{4,12} = 229.0$, $p < 0.001$;
330 Trial 3: $F_{4,12} = 49.4$, $p < 0.001$). The diet composition for bears at the end of Trial 1 was
331 most accurately estimated using Trial 3 CC (mean sum of diff: 0.012 ± 0.004); however,
332 Trial 1 final diets were well-estimated regardless of the CC used (Fig 4). The accuracy of
333 estimates using mink (all) did not differ from using no CC, but all other comparisons
334 were significantly different from each other (Tukey contrasts, all $p < 0.001$; Fig S2). The
335 diet composition for bears at the end of Trial 2 was most accurately estimated using Trial
336 2 CC (mean sum of diff: 0.080 ± 0.052) but did not differ significantly from the estimates
337 using marine-fed mink CC (0.152 ± 0.110 ; $p = 0.481$; Fig 4). Sums of differences from

338 all other CC sets were significantly different from each other (Tukey contrasts $p < 0.001$;
339 Fig S2). The diet composition for bears at the end of Trial 3 was most accurately
340 estimated using Trial 3 CC (mean sum of diff: 0.040 ± 0.014). Marine-fed mink CCs
341 provided the second most accurate estimates (0.371 ± 0.131), although they were less
342 accurate than Trial 3 CC ($p < 0.001$) and were not significantly better than mink (all) CC
343 (0.420 ± 0.131 ; $p = 1.000$; Fig 4). There was also no difference in accuracy between mink
344 (all) and Trial 2 (0.545 ± 0.181 ; $p = 0.108$). Sums of differences from all other CC sets
345 were significantly different from each other (Tukey contrasts $p < 0.01$; Fig S2).

346

347 *QFASA estimates across sampling day*

348 We also used sums of differences to examine how the accuracy of QFASA diet
349 estimates changed as a function of sampling date, including diet estimates from
350 hibernating bears (Trial 4; see next section). Because marine-fed mink CCs produced the
351 second-most accurate estimates in Trials 2 and 3 (see above), we compared results across
352 sampling day using two sets of CCs for each trial: (1) CCs generated from that same trial
353 and (2) CCs from marine-fed mink (Fig 5).

354 For bears in Trial 1, QFASA estimates showed relatively little variation across
355 sampling day, regardless of which CC set was used (Fig 5 and 6). However, the accuracy
356 of QFASA estimates from Trial 1 CCs varied across sampling date ($F_{3,9} = 4.54$, $p =$
357 0.033 ; Fig 6a), whereas those from marine-fed mink CCs did not ($F_{3,9} = 0.85$, $p = 0.499$;
358 Fig 6c). For Trial 1 CCs, QFASA accuracy was lower (i.e., sum of differences was
359 higher, Fig S3) on day 45 than on day 75 (Tukey contrasts $p = 0.006$) or day 89 ($d =$

360 0.017). Sums of differences did not differ among any other sampling days ($p > 0.05$; Fig
361 S3).

362 Bears in Trial 2 received their new diet immediately after Trial 1, and diet
363 estimates responded with a rapid change between day 1 and day 45. More gradual change
364 was evident beyond day 45, a pattern that was consistent across both CC sets (Fig 5).
365 Likewise, the accuracy of QFASA estimates improved by day 45 (Fig 6), with sampling
366 day having a significant effect on sums of differences for both Trial 2 CC ($F_{3,9} = 323.7$, p
367 < 0.001) and marine-fed mink CC ($F_{3,9} = 187.0$, $p < 0.001$). For both CC sets, there was
368 no difference in accuracy between day 75 and 95 (Tukey contrasts $p > 0.50$). All other
369 comparisons were significant ($p < 0.05$; Fig S3).

370 The Trial 3 diet was given to the bears following winter hibernation and an
371 interim recovery period during which they were fed dog food and allowed to graze on
372 vegetation. Thus, diet estimates changed rapidly in response to the new dog food/anchovy
373 oil diet (Fig 5) and became more accurate (Fig 6) as the trial progressed from day 1 and
374 day 29. Sampling day had a significant effect on sums of differences for both Trial 3 CC
375 ($F_{6,18} = 174.6$, $p < 0.001$) and marine-fed mink CC ($F_{6,18} = 61.57$, $p < 0.001$; Fig 6). The
376 accuracy of day 1 diet estimates was significantly worse than all subsequent sampling
377 days (Tukey contrasts $p < 0.001$). Accuracy improved beyond day 29, with significant
378 differences between day 29 and day 75 and beyond (Tukey contrasts $p < 0.002$).
379 Accuracy on day 62 was lower than day 120 ($p = 0.039$) when using marine-fed mink
380 CCs. No differences in accuracy were evident beyond day 75 with either set of CCs ($p >$
381 0.767 ; Fig S3).

382

383 *QFASA estimates during hibernation*

384 Trial 4 began when bears entered hibernation, following a 4-week interim period
385 after Trial 3. We used the Trial 3 diet as a benchmark to detect changes in sums of
386 differences because it was the last known diet consumed prior to hibernation. Trial 4 diet
387 estimates generated using Trial 3 CC showed only slight changes over time, although
388 more change was evident when we used marine-fed mink CC (Fig 5). Using marine-fed
389 mink CCs, the estimated contribution of anchovy oil declined 14.7% (from 71.3% to
390 56.6%) over the 140-day period, whereas estimated dog food and salmon oil
391 contributions increased 3.0% and 11.7%, respectively (Fig 5). These patterns were
392 reflected in sums of differences, which were not affected by sampling day when Trial 3
393 CC were used ($F_{4,12} = 1.568$, $p = 0.245$) but did change over time when we used marine-
394 fed mink CC ($F_{4,12} = 10.270$, $p < 0.001$; Fig 6). In the latter case, accuracy declined
395 significantly on the final sampling day, with differences between day 318 and all 4 earlier
396 samples (Tukey contrasts $p < 0.040$; Fig S3).

397

398 **Discussion**

399 Information on diet composition is fundamental to understanding animal ecology.
400 Recent and emerging methods of predator diet estimation, including FA and stable
401 isotope analyses, are premised on a predictable and quantifiable relationship between the
402 biochemical composition of a predator's tissue and that of its composite diet. However,
403 these biochemical relationships may be complex and are poorly understood in many taxa.
404 Our results directly address this knowledge gap and provide a response to calls in the

405 literature for additional experimental studies to improve the accuracy and utility of
406 nutrient-tracking approaches to estimating predator diets (e.g., Bowen and Iverson 2013).

407 This study provides direct estimates of the timeframe represented by FA-based
408 diet estimates in a terrestrial carnivore. Ambiguity about the timeframe of FA turnover
409 has limited the ecological interpretation of QFASA diet estimates. Thus, our results will
410 improve the utility of QFASA as an ecological tool. Our controlled diets were designed to
411 mimic the lipid content and composition of polar bear diets to the degree possible, so our
412 results are most relevant to polar bears, but are also applicable to wild brown bears
413 feeding on marine-based foods (e.g., spawning salmon).

414 The Trial 1 diet was compositionally simple and largely consistent with the
415 maintenance diet the bears received after weaning and prior to the start of the experiment.
416 Consequently, the bears' FA profiles did not noticeably change over the course of Trial 1.
417 QFASA diet estimates were similarly consistent during Trial 1 and estimates were highly
418 accurate, regardless of sampling day or the CC used. The high accuracy was likely
419 influenced by the simple "prey library" (Budge et al. 2006; Bromaghin 2017) of only
420 three potential foods. The clear difference between the compositionally simple dog food
421 (i.e., dominated by ca. six FA) and the two more complex fish oils (Fig. 1) presumably
422 reduced the potential for confounding prey types. However, the similarity of the two fish
423 oils may have impaired diet estimates, as discussed below.

424 When bears were started on a new diet (i.e., Trial 2 and 3), their FA profiles
425 abruptly shifted in the direction of the new diet. Some FAs were more variable across
426 individual bears, as reflected in differences in SD (Table 2), but individual variability was
427 generally low. With only four bears in this study, our sample size was small (a common

428 limitation of large-carnivore experiments); however, the limited individual variation
429 suggests that a larger sample size would not have substantively altered our results. The
430 relationship between bear and diet FA was variable across diets (Fig 2), as reflected in
431 differences in CC values across feeding trials (Fig 3). For some FA (e.g., 18:2n-6, 22:1n-
432 11; Fig 2), bears had values that were higher or lower than their composite diet,
433 depending on the feeding trial. For instance, 22:1n-11 had a Trial 2 CC value of 0.38 (i.e.,
434 the FA was higher in the diet than in the bears) but a Trial 3 CC value of 2.42 in (i.e., the
435 FA was higher in the bears than in the diet; Table 2).

436 In Trials 2 and 3, CCs had an important effect on QFASA diet estimates (Fig 4)
437 and our study adds to existing evidence that CCs are to some extent diet-specific. For
438 instance, the diets of bears in Trial 2 were not accurately estimated using CCs from Trial
439 3 (Fig 4), even though they were the same bears with some common dietary components
440 (i.e., dog food was present in both diets). In fact, Trial 3 CCs produced the worst
441 estimates of Trial 2 diet among the five CC sets we compared. Differences in CC values
442 for some FA in Trials 2 and 3 (e.g., 22:1n-11, see above) could have contributed to the
443 reduced accuracy of diet estimates compared to the marine-fed mink CCs. The similarity
444 of the fish oil components in the Trial 2 and Trial 3 diets may also have contributed to the
445 poor performance of Trial 3 CCs in estimating the diets of Trial 2 bears. The dog food
446 component of the diet was relatively accurately estimated by all CC sets aside from mink
447 (all) and none. The Trial 3 CC set had difficulty resolving the two types of fish oil, which
448 suggests the anchovy oil used in Trial 3 predisposed the Trial 3 CCs to estimate that
449 dietary component. Similarly, the Trial 2 CCs led to misallocation of Trial 3 diets to
450 salmon oil.

451 Given apparent differences among CC sets derived from different diets, the
452 numerical (Fig 3) and functional (Fig 4) similarity between CCs derived from marine-fed
453 mink (Iverson et al. 2004, Thiemann 2006, Thiemann et al. 2008) and the CCs derived
454 from Trials 2 and 3 was surprising. Marine-fed mink CCs generated the second-most
455 accurate estimates of diet for bears in both Trial 2 and 3. Marine-fed mink CCs also
456 performed well in Trial 1, although better estimates were generated from mink (all) and
457 no CCs. Estimating the diet composition of individual predators using CCs generated
458 from that same diet and those same predators is obviously not feasible in wildlife
459 research and is mathematically circular, i.e., the predator FA profile is used to calculate
460 the CC, which is then applied to the predator FA profile. We used these idealized, same-
461 trial CCs as a benchmark against which other CCs could be tested and, in that context,
462 marine-fed mink CCs emerged as the top performer. This finding is encouraging in a
463 couple of ways; first, it suggests that the marine-fed mink CCs that have been used in
464 previous studies of polar bear diet composition perform as well as those generated from
465 species more closely related to polar bears; second, it suggests that CC sets may have
466 relatively broad applicability across taxa for similar (e.g., marine-based) diets.

467 Most of the values for marine-fed mink CCs were similar to, or within the range
468 of, values derived in the current study, with a few exceptions, including 18:1n-13, 18:1n-
469 11, 20:1n-11, and 20:5n-3. Of those, only 20:5n-3 was used in QFASA modelling. The
470 two 18:1 isomers showed inverse trends (Fig 3) as the marine-fed mink value for 18:1n-
471 11 (5.47) was higher than Trial 2 (0.95 ± 0.09) or Trial 3 (2.78 ± 0.55), but the value for
472 18:1n-13 (0.45) was lower than Trial 2 (1.78 ± 0.11) or Trial 3 (1.64 ± 0.00). This pattern
473 may reflect some degree of mis-identification, as it can be difficult to resolve these two

474 isomers as their peaks may overlap with each other and with the adjacent 18:1n-9 in
475 chromatographic analysis. The CC value for 20:1n-11 derived from marine-fed mink
476 (4.52) was substantially higher than the value derived from Trial 1 (1.25 ± 0.10) or Trial
477 2 (0.68 ± 0.03), but lower than Trial 3 (14.63 ± 3.17), suggesting the metabolism of this
478 FA is especially sensitive to diet and it thus may not be a useful dietary tracer. Indeed,
479 Bromaghin et al. (2015) found that modelled predator values using mink (all) CCs for this
480 FA were outside the range of prey values (i.e., the FA could not be modelled realistically)
481 and other studies have identified 20:1n-11 as an unreliable dietary indicator (Galicia et al.
482 2015; Goetsch et al. 2018). It is unclear why the marine-fed mink CC value for 20:5n-3
483 (0.14) was lower than either Trial 2 (0.34 ± 0.02) or Trial 3 (0.34 ± 0.04), but this FA
484 may be especially metabolically active. It showed the largest change in concentration
485 during hibernation of any FA > 1%.

486 That the marine-fed mink CCs performed well is also consistent with the results
487 of Bromaghin et al. (2017) who found that CCs derived mathematically from Chukchi
488 Sea polar bear and prey data were similar to those derived from the mink feeding trial
489 (see their Fig 8). Our results thus add to growing evidence that diet-specific variation can
490 be more important than species-specific differences in estimating CCs. Thus, whenever
491 possible, deriving CCs on diets similar to the predator of interest, even if in a model
492 species, may aid in producing the most accurate diet estimates. Estimation of CCs
493 mathematically, as proposed by Bromaghin et al. (2017), provides an alternative
494 approach for diet estimation from FA in which direct estimate of CCs are not required,
495 but feeding trials can continue to be useful in determining when separate CCs need to be
496 generated for different groups of predators.

497 Our study is one of the few to examine changes in FA profiles over time in
498 individual carnivores and thus provides important new insights into the temporal window
499 of QFASA diet estimates. In a controlled feeding study of juvenile harbor seals (*Phoca*
500 *vitulina*), Nordstrom et al. (2008) sampled individual seals three times over 42 days and
501 estimated that blubber FA would have equilibrated with the diet at 50-65 d. Bowen and
502 Iverson (2013) cite unpublished data that QFASA diet estimates for captive juvenile
503 Steller sea lions (*Eumetopias jubatus*) were most accurate between 56 d and 84 d. We
504 found that bear FA profiles responded rapidly to a change in diet and QFASA estimates
505 were reasonably accurate within about 30 days of a dietary switch (Fig 5 and 6). Bears
506 came to maximally resemble their diets after about 90 days and sampling beyond 90 days
507 provided no improvement in accuracy. Thus, for these growing brown bears on a
508 relatively high-fat diet, the temporal window for QFASA estimates was essentially 90
509 days. Samples taken before that day still captured some pre-trial diet. This timeframe is
510 longer than the estimates from captive pinnipeds (Kirsch et al. 2000; Nordstrom et al.
511 2008; Bowen and Iverson 2013), but corresponds well to the general “weeks-to-months”
512 timeframe often cited in QFASA studies. Understanding the timeframe of diet estimates
513 will also help in interpreting QFASA results in the context of seasonal food availability.
514 This could be especially important for highly seasonal foragers like polar bears (Galiccia
515 et al. 2020). Although our estimates of turnover are for young, growing bears, rates of fat
516 deposition and mobilization are more likely to be influenced by nutritional status than by
517 age since fat stores are mobilized when dietary intake is insufficient to meet energetic
518 needs, rather than as a function of metabolic rate which would vary with age or size.

519 This is also the first study to examine progressive changes in the FA profiles of
520 fasting carnivores. While estimating the diets of hibernating animals may not be
521 ecologically insightful, our results are relevant to non-hibernating, fasting carnivores.
522 Polar bears are able to go prolonged periods without food while maintaining activity; a
523 state that has previously been characterized as “walking hibernation” (Nelson et al.
524 1983). More recent studies have suggested this metabolic state is equivalent to fasting in
525 other mammals (Robbins et al. 2012; Whiteman et al. 2015), but it remains a common
526 occurrence in polar bears, especially during the ice-free season when ice-associated seals
527 are largely unavailable (Derocher et al. 1990; Atkinson and Ramsay 1995; Atkinson et al.
528 1996). Polar bears may also fast during winter and during the spring breeding season,
529 when adult males are focused on securing mates (Ramsay et al. 1991; Cherry et al. 2009;
530 Rode et al. 2018). Pregnant female polar bears may fast for up to 8 months, including the
531 ice-free period and subsequent maternity denning (Ramsay and Stirling 1986; Atkinson
532 and Ramsay 1995). Our results suggest that diet estimates generated from fasting animals
533 may have to be interpreted cautiously and may be particularly sensitive to inaccurate
534 CCs. When idealized CCs were used, QFASA diet estimates remained highly accurate
535 during the entire fasting period (Fig 6b). However, using marine-fed mink CCs, accuracy
536 declined significantly after 74 days of fasting. It seems unlikely that wild polar bears
537 would undergo such a prolonged fast on the sea ice, but it may be increasingly common
538 during the ice free-period (Molnár et al. 2020). It is possible that fasting, non-hibernating
539 polar bears would mobilize energy reserves, and alter FA stores, more rapidly than
540 hibernating bears because of higher energetic demands (Whiteman et al. 2015). Studies of

541 free-ranging polar bears in which animals are sampled on shore in summer and fall or
542 immediately after denning will need to take this into account.

543

544 **References**

545 Anderson DB, Kauffman RG, Benevenga NJ (1972) Estimate of fatty acid turnover in
546 porcine adipose tissue. *Lipids* 7:488–489. <https://doi.org/10.1007/BF02533166>

547 Atkinson SN, Nelson RA, Ramsay MA (1996) Changes in the body composition of
548 fasting polar bears (*Ursus maritimus*): the effect of relative fatness on protein
549 conservation. *Physiol Zool* 69:304–316

550 Atkinson SN, Ramsay MA (1995) The effects of prolonged fasting of the body
551 composition and reproductive success of female polar bears (*Ursus maritimus*).
552 *Funct Ecol* 9:559. <https://doi.org/10.2307/2390145>

553 Barnas AF, Iles DT, Stechmann TJ, et al (2020) A phenological comparison of grizzly
554 (*Ursus arctos*) and polar bears (*Ursus maritimus*) as waterfowl nest predators in
555 Wapusk National Park. *Polar Biol* 43:457–465. <https://doi.org/10.1007/s00300-020-02647-w>

557 Barnett A, Redd KS, Frusher SD, et al (2010) Non-lethal method to obtain stomach
558 samples from a large marine predator and the use of DNA analysis to improve
559 dietary information. *J Exp Mar Biol Ecol* 393:188–192.
560 <https://doi.org/10.1016/j.jembe.2010.07.022>

561 Beck CA, Iverson SJ, Bowen WD (2005) Blubber fatty acids of gray seals reveal sex
562 differences in the diet of a size-dimorphic marine carnivore. *Can J Zool* 83:377–
563 388. <https://doi.org/10.1139/z05-021>

564 Beck CA, Rea LD, Iverson SJ, et al (2007) Blubber fatty acid profiles reveal regional,
565 seasonal, age-class and sex differences in the diet of young Steller sea lions in
566 Alaska. *Mar Ecol Prog Ser* 338:269–280

567 Best RC (1985) Digestibility of ringed seals by the polar bear. *Can J Zool* 63:1033–1036

568 Bourque J, Atwood TC, Divoky GJ, et al (2020) Fatty acid-based diet estimates suggest
569 ringed seal remain the main prey of southern Beaufort Sea polar bears despite
570 recent use of onshore food resources. *Ecol Evol.* 10:2093–2103.
571 <https://doi.org/10.1002/ece3.6043>

572 Bowen WD, Iverson SJ (2013) Methods of estimating marine mammal diets: A review of
573 validation experiments and sources of bias and uncertainty. *Mar Mammal Sci*
574 29:719–754. <https://doi.org/10.1111/j.1748-7692.2012.00604.x>

- 575 Bromaghin JF (2017) qfasar: quantitative fatty acid signature analysis with R. *Methods*
576 *Ecol Evol* 8:1158–1162. <https://doi.org/10.1111/2041-210X.12740>
- 577 Bromaghin JF, Budge SM, Thiemann GW, Rode KD (2017) Simultaneous estimation of
578 diet composition and calibration coefficients with fatty acid signature data. *Ecol*
579 *Evol* 7:6103–6113. <https://doi.org/10.1002/ece3.3179>
- 580 Bromaghin JF, Rode KD, Budge SM, Thiemann GW (2015) Distance measures and
581 optimization spaces in quantitative fatty acid signature analysis. *Ecol Evol*
582 5:1249–1262. <https://doi.org/10.1002/ece3.1429>
- 583 Budge SM, Iverson SJ, Koopman HN (2006) Studying trophic ecology in marine
584 ecosystems using fatty acids: a primer on analysis and interpretation. *Mar*
585 *Mammal Sci* 22:759–801. <https://doi.org/10.1111/j.1748-7692.2006.00079.x>
- 586 Budge SM, Penney SN, Lall SP, Trudel M (2012) Estimating diets of Atlantic salmon
587 (*Salmo salar*) using fatty acid signature analyses; validation with controlled
588 feeding studies. *Can J Fish Aquat Sci* 69:1033–1046.
589 <https://doi.org/10.1139/f2012-039>
- 590 Budge SM, Townsend K, Lall SP, Bromaghin JF (2020) Dietary fat concentrations
591 influence fatty acid assimilation patterns in Atlantic pollock (*Pollachius virens*).
592 *Philos Trans R Soc B Biol Sci* 375:20190649.
593 <https://doi.org/10.1098/rstb.2019.0649>
- 594 Cahill JA, Heintzman PD, Harris K, et al (2018) Genomic evidence of widespread
595 admixture from polar bears into brown bears during the Last Ice Age. *Mol Biol*
596 *Evol* 35:1120–1129. <https://doi.org/10.1093/molbev/msy018>
- 597 Cahill JA, Stirling I, Kistler L, et al (2015) Genomic evidence of geographically
598 widespread effect of gene flow from polar bears into brown bears. *Mol Ecol*
599 24:1205–1217. <https://doi.org/10.1111/mec.13038>
- 600 Cherry SG, Derocher AE, Stirling I, Richardson ES (2009) Fasting physiology of polar
601 bears in relation to environmental change and breeding behavior in the Beaufort
602 Sea. *Polar Biol* 32:383–391. <https://doi.org/10.1007/s00300-008-0530-0>
- 603 Chevallier C, Gauthier G, Lai S, Berteaux D (2020) Pulsed food resources affect
604 reproduction but not adult apparent survival in arctic foxes. *Oecologia* 193:557–
605 569. <https://doi.org/10.1007/s00442-020-04696-8>
- 606 Derocher AE, Lunn NJ, Stirling I (2004) Polar bears in a warming climate. *Integr Comp*
607 *Biol* 44:163–176
- 608 Derocher AE, Nelson RA, Stirling I, Ramsay MA (1990) Effects of fasting and feeding
609 on serum urea and serum creatinine levels in polar bears. *Mar Mammal Sci*
610 6:196–203

- 611 Doupe JP, England JH, Furze M, Paetkau D (2007) Most northerly observation of a
612 grizzly bear (*Ursus arctos*) in Canada: Photographic and DNA evidence from
613 Melville Island, northwest territories. *Arctic* 60:271–276
- 614 Florant GL, Nuttle LC, Mullinex DE, Rintoul DA (1990) Plasma and white adipose tissue
615 lipid composition in marmots. *Am J Physiol Regul Integr Comp Physiol*
616 258:1123–1131
- 617 Foglia TA, Cartwright AL, Gyurik RJ, Philips JG (1994) Fatty acid turnover rates in the
618 adipose tissues of the growing chicken (*Gallus domesticus*). *Lipids* 29:497–502.
619 <https://doi.org/10.1007/BF02578247>
- 620 Fry B (2006) *Stable isotope ecology*. Springer, New York, NY
- 621 Fuller TK, Sievert PR (2001) Carnivore demography and the consequences of changes in
622 prey availability. In: Gittleman JL, Funk SM, Macdonald DW, Wayne RK (eds)
623 *Carnivore Conservation*. Cambridge University Press, New York, NY, pp 163–
624 178
- 625 Galicia MP, Thiemann GW, Dyck MG, et al (2016) Dietary habits of polar bears in Foxe
626 Basin, Canada: possible evidence of a trophic regime shift mediated by a new top
627 predator. *Ecol Evol* 6:6005–6018. <https://doi.org/10.1002/ece3.2173>
- 628 Galicia MP, Thiemann GW, Dyck MG, Ferguson SH (2015) Characterization of polar
629 bear (*Ursus maritimus*) diets in the Canadian High Arctic. *Polar Biol* 38:1983–
630 1992. <https://doi.org/10.1007/s00300-015-1757-1>
- 631 Goetsch C, Conners MG, Budge SM, et al (2018) Energy-rich mesopelagic fishes
632 revealed as a critical prey resource for a deep-diving predator using quantitative
633 fatty acid signature analysis. *Front Mar Sci* 5:.
634 <https://doi.org/10.3389/fmars.2018.00430>
- 635 Haynes TB, Schmutz JA, Bromaghin JF, et al (2015) Diet of yellow-billed loons (*Gavia*
636 *adamsii*) in Arctic lakes during the nesting season inferred from fatty acid
637 analysis. *Polar Biol* 38:1239–1247. <https://doi.org/10.1007/s00300-015-1690-3>
- 638 Hill VL, Florant GL (1999) Patterns of fatty acid composition in free-ranging yellow-
639 bellied marmots (*Marmota flaviventris*) and their diet. *Can J Zool* 77:1494–1503
- 640 Iverson SJ, Field C, Bowen WD, Blanchard W (2004) Quantitative fatty acid signature
641 analysis: a new method of estimating predator diets. *Ecol Monogr* 74:211–235
- 642 Iverson SJ, Stirling I, Lang SLC (2006) Spatial and temporal variation in the diets of
643 polar bears across the Canadian Arctic: indicators of changes in prey populations
644 and environment. In: Boyd IL, Wanless S, Camphuysen CJ (eds) *Top predators in*
645 *marine ecosystems*. Cambridge University Press, New York, NY, pp 98–117

- 646 Kirsch PE, Iverson SJ, Bowen WD (2000) Effect of a low-fat diet on body composition
647 and blubber fatty acids of captive juvenile harp seals (*Phoca groenlandica*).
648 *Physiol Biochem Zool* 73:45–59
- 649 Klare U, Kamler JF, Macdonald DW (2011) A comparison and critique of different scat-
650 analysis methods for determining carnivore diet: Comparison of scat-analysis
651 methods. *Mammal Rev* 41:294–312. [https://doi.org/10.1111/j.1365-
652 2907.2011.00183.x](https://doi.org/10.1111/j.1365-2907.2011.00183.x)
- 653 Lunn NJ, Servanty S, Regehr EV, et al (2016) Demography of an apex predator at the
654 edge of its range: impacts of changing sea ice on polar bears in Hudson Bay. *Ecol*
655 *Appl* 26:1302–1320. <https://doi.org/10.1890/15-1256>
- 656 McKinney MA, Atwood TC, Iverson SJ, Peacock E (2017) Temporal complexity of
657 southern Beaufort Sea polar bear diets during a period of increasing land use.
658 *Ecosphere* 8:e01633. <https://doi.org/10.1002/ecs2.1633>
- 659 McKinney MA, Iverson SJ, Fisk AT, et al (2013) Global change effects on the long-term
660 feeding ecology and contaminant exposures of East Greenland polar bears. *Glob*
661 *Change Biol* 19:2360–2372. <https://doi.org/10.1111/gcb.12241>
- 662 Meynier L, Morel PCH, Chilvers BL, et al (2010) Quantitative fatty acid signature
663 analysis on New Zealand sea lions: model sensitivity and diet estimates. *J*
664 *Mammal* 91:1484–1495. <https://doi.org/10.1644/09-MAMM-A-299.1>
- 665 Miller S, Schliebe S, Proffitt K (2006) Demographics and behavior of polar bears feeding
666 on bowhead whale carcasses at Barter and Cross Islands, Alaska, 2002–2004. US
667 Fish and Wildlife Service, Anchorage, AK USA
- 668 Molnár PK, Bitz CM, Holland MM, et al (2020) Fasting season length sets temporal
669 limits for global polar bear persistence. *Nat Clim Change* 10:732–738.
670 <https://doi.org/10.1038/s41558-020-0818-9>
- 671 Nelson RA, Folk GE Jr, Pfeiffer EW, et al (1983) Behavior, biochemistry, and
672 hibernation in black, grizzly, and polar bears. *Int Conf Bear Res Manag* 5:284–
673 290
- 674 Nordstrom CA, Wilson LJ, Iverson SJ, Tollit DJ (2008) Evaluating quantitative fatty acid
675 signature analysis (QFASA) using harbour seals *Phoca vitulina richardsi* in
676 captive feeding studies. *Mar Ecol Prog Ser* 360:245–263
- 677 Northrup JM, Pitt J, Muhly TB, et al (2012) Vehicle traffic shapes grizzly bear behaviour
678 on a multiple-use landscape. *J Appl Ecol* 49:1159–1167.
679 <https://doi.org/10.1111/j.1365-2664.2012.02180.x>
- 680 Pagano AM, Durner GM, Rode KD, et al (2018) High-energy, high-fat lifestyle
681 challenges an Arctic apex predator, the polar bear. *Science* 359:568–572.
682 <https://doi.org/10.1126/science.aan8677>

- 683 Parrish FA, Abernathy K, Marshall GJ, Buhleier BM (2002) Hawaiian monk seals
684 (*Monachus schauinslandi*) foraging in deep-water coral beds. *Mar Mammal Sci*
685 18:244–258. <https://doi.org/10.1111/j.1748-7692.2002.tb01031.x>
- 686 Peterson RO, Thomas NJ, Thurber JM, et al (1998) Population limitation and the wolves
687 of Isle Royale. *J Mammal* 79:828. <https://doi.org/10.2307/1383091>
- 688 Pilfold NW, Derocher AE, Stirling I, Richardson E (2015) Multi-temporal factors
689 influence predation for polar bears in a changing climate. *Oikos* 124:1098–1107.
690 <https://doi.org/10.1111/oik.02000>
- 691 Pongracz JD, Paetkau D, Branigan M, Richardson E (2017) Recent hybridization
692 between a polar bear and grizzly bears in the Canadian Arctic. *Arctic* 70:151.
693 <https://doi.org/10.14430/arctic4643>
- 694 Raclot T (2003) Selective mobilization of fatty acids from adipose tissue triacylglycerols.
695 *Prog Lipid Res* 42:257–288. [https://doi.org/10.1016/S0169-7827\(02\)00066-8](https://doi.org/10.1016/S0169-7827(02)00066-8)
- 696 Ramsay MA, Nelson RA, Stirling I (1991) Seasonal changes in the ratio of serum urea to
697 creatinine in feeding and fasting polar bears. *Can J Zool* 69:298–302
- 698 Ramsay MA, Stirling I (1986) On the mating system of polar bears. *Can J Zool* 64:2142–
699 2151
- 700 Regehr EV, Lunn NJ, Amstrup SC, Stirling I (2007) Effects of earlier sea ice breakup on
701 survival and population size of polar bears in Western Hudson Bay. *J Wildl*
702 *Manag* 71:2673–2683. <https://doi.org/10.2193/2006-180>
- 703 Robbins CT, Lopez-Alfaro C, Rode KD, et al (2012) Hibernation and seasonal fasting in
704 bears: the energetic costs and consequences for polar bears. *J Mammal* 93:1493–
705 1503. <https://doi.org/10.1644/11-MAMM-A-406.1>
- 706 Rode KD, Regehr EV, Douglas DC, et al (2014) Variation in the response of an Arctic
707 top predator experiencing habitat loss: feeding and reproductive ecology of two
708 polar bear populations. *Glob Change Biol* 20:76–88.
709 <https://doi.org/10.1111/gcb.12339>
- 710 Rode KD, Stricker CA, Erlenbach J, et al (2016) Isotopic incorporation and the effects of
711 fasting and dietary lipid content on isotopic discrimination in large carnivorous
712 mammals. *Physiol Biochem Zool* 89:182–197. <https://doi.org/10.1086/686490>
- 713 Rode KD, Wilson RR, Douglas DC, et al (2018) Spring fasting behavior in a marine apex
714 predator provides an index of ecosystem productivity. *Glob Change Biol* 24:410–
715 423. <https://doi.org/10.1111/gcb.13933>
- 716 Rosen DAS, Tollit DJ (2012) Effects of phylogeny and prey type on fatty acid calibration
717 coefficients in three pinniped species: implications for the QFASA dietary

718 quantification technique. *Mar Ecol Prog Ser* 467:263–276.
719 <https://doi.org/10.3354/meps09934>

720 Sierro A, Arlettaz R (1997) Barbastelle bats (*Barbastella* spp.) specialize in the predation
721 of moths: implications for foraging tactics and conservation. *Acta Oecologica*
722 18:91–106. [https://doi.org/10.1016/S1146-609X\(97\)80067-7](https://doi.org/10.1016/S1146-609X(97)80067-7)

723 Stirling I (1974) Midsummer observations on the behavior of wild polar bears (*Ursus*
724 *maritimus*). *Can J Zool* 52:1191–1198

725 Stirling I, Archibald WR (1977) Aspects of predation of seals by polar bears. *J Fish Res*
726 *Board Can* 34:1126–1129

727 Stirling I, McEwan EH (1975) The caloric value of whole ringed seals (*Phoca hispida*) in
728 relation to polar bear (*Ursus maritimus*) ecology and hunting behavior. *Can J Zool*
729 53:1021–1027

730 Thiemann GW (2006) Continental scale variation in polar bear (*Ursus maritimus*) diets
731 and the fatty acid signatures of their marine mammal prey. PhD dissertation,
732 Dalhousie University

733 Thiemann GW, Iverson SJ, Stirling I (2008) Polar bear diets and arctic marine food webs:
734 insights from fatty acid analysis. *Ecol Monogr* 78:591–613

735 Wang SW, Hollmen TE, Iverson SJ (2010) Validating quantitative fatty acid signature
736 analysis to estimate diets of spectacled and Steller’s eiders (*Somateria fischeri* and
737 *Polysticta stelleri*). *J Comp Physiol B* 180:125–139

738 Welch AJ, Bedoya-Reina OC, Carretero-Paulet L, et al (2014) Polar bears exhibit
739 genome-wide signatures of bioenergetic adaptation to life in the Arctic
740 environment. *Genome Biol Evol* 6:433–450. <https://doi.org/10.1093/gbe/evu025>

741 Whiteman JP, Harlow HJ, Durner GM, et al (2015) Summer declines in activity and body
742 temperature offer polar bears limited energy savings. *Science* 349:295–298.
743 <https://doi.org/10.1126/science.aaa8623>

744

745

746

747

748

749

Table 1 Duration and composition of diets fed to four juvenile male brown bears during four experimental feeding trials. Lipid proportions are on an as-fed basis (% wet matter)

Feeding trial	Diet	Lipid from dog food (%)	Lipid from fish oil (%)	Total lipid (% dry matter)	Trial duration (d)
Trial 1	Dog food	100	0	10.8	90
Trial 2	Dog food + salmon oil	18.3	81.7	39.8	90
Trial 3	Dog food + anchovy oil	19.0	81.0	40.2	120
Trial 4	None (hibernation)	-	-	-	140

Table 2 FA composition of diets and bears and resulting calibration coefficients calculated from 3 controlled feeding studies of 4 juvenile brown bears

Fatty acid	Trial 1 - Dog food					Trial 2 - Dog food + salmon oil					Trial 3 - Dog food + 30% fish oil					Mink (marine)	
	Final Bear FA (%)			CC		Final Bear FA (%)			Mea n		Final Bear FA (%)			CC			
	Diet (%)	Mean	SD	Mean	SD	Diet (%)	Mean	SD	Mea n	SD	Diet (%)	Mean	SD	Mean	SD	Mink CC	CC
Saturated																	
14:0*	0.71	0.86	0.05	1.22	0.06	4.33	2.25	0.12	0.52	0.03	6.06	3.20	0.22	0.53	0.04	1.37	0.81
i-15:0	0.00	0.37	0.02	-	-	0.17	0.48	0.04	2.74	0.24	0.18	0.51	0.03	2.86	0.15	0.70	0.63
15:0	0.06	0.28	0.01	4.79	0.23	0.40	0.43	0.01	1.09	0.02	0.43	0.48	0.02	1.11	0.05	0.80	0.78
16:0*	19.79	17.51	0.56	0.88	0.03	14.31	16.58	0.63	1.16	0.04	17.26	17.34	0.89	1.00	0.05	0.96	1.06
i-17:0	0.03	0.71	0.03	24.61	1.17	0.21	0.66	0.09	3.15	0.43	0.17	0.47	0.05	2.72	0.31	-	-
ai-17:0	0.02	0.08	0.01	3.93	0.47	0.09	0.11	0.01	1.25	0.16	0.18	0.14	0.01	0.79	0.04	0.75	0.70
17:0*	0.22	0.50	0.01	2.23	0.06	0.30	0.42	0.04	1.38	0.15	0.48	0.38	0.01	0.78	0.02	0.77	0.85
18:0*	7.90	5.55	0.81	0.70	0.10	3.40	2.66	0.42	0.78	0.12	4.38	2.63	0.24	0.60	0.06	0.72	0.79
20:0*	0.19	0.14	0.01	0.72	0.07	0.15	0.11	0.00	0.74	0.02	0.26	0.13	0.02	0.51	0.07	0.75	0.71
Monounsaturated																	
16:1n-11	0.04	0.04	0.00	0.88	0.03	0.43	0.26	0.02	0.60	0.06	0.38	0.23	0.02	0.59	0.05	0.91	0.95
16:1n-9*	0.29	0.35	0.02	1.20	0.05	0.27	0.30	0.02	1.13	0.07	0.26	0.30	0.02	1.16	0.08	0.99	1.13
16:1n-7*	2.71	5.21	0.59	1.92	0.22	5.28	8.92	0.79	1.69	0.15	8.17	10.86	0.21	1.33	0.03	1.44	1.24
16:1n-5	0.03	0.09	0.01	2.58	0.34	0.31	0.24	0.02	0.77	0.05	0.18	0.19	0.01	1.05	0.04	0.79	0.73
17:1b	0.00	0.01	0.00	-	-	0.33	0.15	0.01	0.45	0.03	0.20	0.16	0.01	0.78	0.05	0.90	0.88
17:1*	0.15	0.49	0.05	3.23	0.33	0.31	0.60	0.05	1.92	0.17	0.18	0.60	0.05	3.37	0.28	1.17	1.16
18:1n-13	0.03	0.06	0.01	2.09	0.20	0.12	0.21	0.01	1.78	0.11	0.09	0.04	0.07	1.64	-	0.72	0.45
18:1n-11*	0.12	0.12	0.02	0.99	0.13	0.77	0.74	0.07	0.95	0.09	0.11	0.31	0.06	2.78	0.55	3.65	5.47
18:1n-9*	33.34	43.39	1.01	1.30	0.03	17.47	30.85	0.60	1.77	0.03	13.90	27.64	1.35	1.99	0.10	1.41	1.64
18:1n-7*	2.01	2.51	0.16	1.25	0.08	3.07	2.94	0.12	0.96	0.04	3.10	2.99	0.07	0.97	0.02	1.33	1.40
18:1n-5	0.09	0.15	0.02	1.62	0.22	0.54	0.43	0.04	0.80	0.07	0.12	0.21	0.02	1.70	0.20	0.96	0.87
20:1n-11	0.06	0.07	0.01	1.25	0.10	5.46	3.70	0.14	0.68	0.03	0.12	1.70	0.37	14.63	3.17	4.39	4.52

20:1n-9*	0.50	0.49	0.02	0.98	0.04	2.72	1.77	0.06	0.65	0.02	0.85	1.20	0.15	1.40	0.18	1.69	1.27
20:1n-7	0.03	0.04	0.01	1.30	0.20	0.34	0.21	0.02	0.62	0.05	0.25	0.19	0.01	0.73	0.04	1.78	1.20
22:1n-11	0.00	0.01	0.01	-	-	7.62	2.87	0.24	0.38	0.03	0.42	1.01	0.25	2.42	0.60	0.67	0.33
22:1n-9	0.09	0.03	0.00	0.32	0.03	0.83	0.34	0.02	0.41	0.03	0.18	0.14	0.03	0.78	0.15	0.60	0.54
24:1	0.02	0.02	0.01	1.20	0.62	0.67	0.18	0.03	0.27	0.05	0.32	0.00	0.00	-	-	0.17	0.16
Polyunsaturated																	
16:2n-4	0.00	0.00	0.00	-	-	0.35	0.19	0.01	0.53	0.04	0.90	0.45	0.02	0.51	0.03	0.89	0.50
16:3n-4	0.01	0.00	0.00	-	-	0.26	0.03	0.01	0.11	0.04	1.11	0.15	0.02	0.14	0.01	0.52	0.25
18:2n-6*	27.15	17.50	1.31	0.64	0.05	6.29	8.32	0.68	1.32	0.11	6.09	8.42	0.62	1.38	0.10	1.12	1.29
18:2n-4	0.02	0.01	0.01	0.96	0.66	0.14	0.08	0.01	0.61	0.05	0.31	0.17	0.01	0.57	0.03	2.03	0.73
18:3n-6	0.10	0.21	0.02	2.09	0.21	0.09	0.11	0.02	1.29	0.24	0.31	0.21	0.02	0.67	0.05	0.71	0.75
18:3n-4	0.03	0.06	0.01	2.16	0.18	0.12	0.22	0.02	1.91	0.17	0.15	0.47	0.04	3.14	0.30	1.61	1.56
18:3n-3*	3.09	1.60	0.12	0.52	0.04	1.38	1.16	0.04	0.84	0.03	1.16	1.13	0.07	0.98	0.06	0.62	0.70
18:4n-3	0.02	0.04	0.01	2.87	0.57	2.13	0.64	0.03	0.30	0.01	2.11	0.77	0.07	0.37	0.03	0.48	0.30
18:4n-1	0.06	0.05	0.01	0.83	0.15	0.17	0.27	0.04	1.55	0.22	0.22	0.65	0.09	3.03	0.40	0.60	0.48
20:2n-6*	0.35	0.31	0.02	0.89	0.06	0.37	0.30	0.00	0.80	0.01	0.30	0.34	0.02	1.14	0.06	0.93	0.92
20:3n-6*	0.12	0.20	0.01	1.64	0.05	0.12	0.14	0.01	1.19	0.08	0.21	0.16	0.01	0.75	0.03	0.72	0.73
20:4n-6*	0.34	0.47	0.04	1.36	0.12	0.49	0.38	0.02	0.78	0.05	1.06	0.59	0.06	0.55	0.06	0.37	0.44
20:4n-3	0.00	0.04	0.01	-	-	1.08	0.98	0.10	0.91	0.09	0.67	0.68	0.05	1.01	0.07	0.76	0.51
20:5n-3	0.06	0.05	0.00	0.82	0.06	7.97	2.73	0.14	0.34	0.02	15.09	5.15	0.65	0.34	0.04	0.19	0.14
21:5n-3	0.00	0.01	0.01	-	-	0.36	0.19	0.01	0.53	0.02	0.61	0.30	0.02	0.49	0.03	0.70	0.46
22:4n-6*	0.12	0.20	0.01	1.68	0.12	0.09	0.11	0.00	1.27	0.01	0.16	0.13	0.01	0.81	0.06	0.89	0.97
22:5n-6	0.02	0.03	0.00	1.26	0.16	0.09	0.08	0.00	0.88	0.05	0.28	0.13	0.01	0.48	0.04	0.70	0.81
22:5n-3	0.05	0.09	0.01	1.88	0.17	1.59	1.41	0.13	0.89	0.08	1.67	1.53	0.06	0.92	0.04	0.87	0.88
22:6n-3	0.04	0.05	0.02	1.28	0.41	7.03	4.25	0.20	0.60	0.03	9.37	5.52	0.36	0.59	0.04	0.64	0.59
∑ Saturated	28.93	26.00				23.35	23.70				29.41	25.29					
∑ Monounsaturated	39.51	53.09				46.54	54.72				28.83	47.75					
∑ Polyunsaturated	31.57	20.91				30.11	21.58				41.76	26.96					
TOTAL (%)	100	100				100	100				100	100					

* denotes the 18 fatty acids used to generate QFASA estimates for bears in Trial 1

Bold type denotes the 22 fatty acids used to generate QFASA estimates for bears in Trial 2-4

Table 3 Initial, final and change in concentration of fatty acids in the adipose tissue of four juvenile brown bears during a 140 d period of hibernation. Change values reflect mean changes within each bear. Fatty acids in bold type are also plotted in Fig. 3

Fatty acid	Start concentration (%)		Final Concentration (%)		Total individual change		Percent individual change (%)	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD
14:0	2.61	0.25	2.35	0.26	-0.27	0.13	-10.12	5.12
i-15:0	0.50	0.02	0.52	0.05	0.02	0.06	3.65	12.79
15:0	0.47	0.02	0.42	0.03	-0.05	0.03	-11.50	5.42
16:0	16.05	1.27	14.88	0.89	-1.16	0.63	-7.11	3.41
16:1n-11	0.26	0.01	0.23	0.02	-0.03	0.02	-12.67	7.20
16:1n-9	0.29	0.02	0.32	0.01	0.03	0.01	10.75	2.90
16:1n-7	10.30	1.24	8.38	1.28	-1.92	1.13	-18.45	9.67
16:1n-5	0.19	0.02	0.16	0.01	-0.03	0.02	-17.54	10.01
i-17:0	0.56	0.07	0.57	0.05	0.01	0.05	2.14	8.96
ai-17:0	0.16	0.01	0.16	0.01	0.01	0.01	4.13	3.19
17:1b	0.21	0.00	0.22	0.02	0.01	0.02	6.88	9.33
16:2n-4	0.52	0.02	0.45	0.04	-0.07	0.04	-13.44	8.34
17:0	0.42	0.05	0.42	0.03	-0.01	0.03	-1.04	6.58
16:3n-4	0.15	0.01	0.12	0.02	-0.03	0.01	-18.97	6.83
17:1	0.54	0.08	0.47	0.05	-0.07	0.03	-12.80	5.32
18:0	2.62	0.58	3.06	0.43	0.45	0.38	18.98	16.52
18:1n-13	0.12	0.02	0.09	0.02	-0.03	0.03	-24.50	22.78
18:1n-11	0.33	0.02	0.44	0.04	0.11	0.03	34.18	9.28
18:1n-9	27.55	1.12	31.21	1.65	3.66	1.66	13.35	6.33
18:1n-7	3.21	0.18	3.31	0.11	0.09	0.09	2.97	3.21
18:1n-5	0.22	0.03	0.22	0.01	0.00	0.03	2.42	13.30
18:2n-6	8.53	0.59	9.41	0.73	0.89	0.49	10.46	5.80
18:2n-4	0.19	0.01	0.17	0.01	-0.02	0.01	-10.10	3.38
18:3n-6	0.18	0.01	0.15	0.01	-0.04	0.01	-20.59	4.78
18:3n-4	0.46	0.05	0.42	0.03	-0.04	0.04	-8.26	8.44
18:3n-3	1.16	0.05	1.04	0.10	-0.12	0.09	-10.33	8.05
18:4n-3	0.79	0.06	0.51	0.05	-0.29	0.08	-35.70	8.55
18:4n-1	0.76	0.07	0.42	0.09	-0.34	0.14	-43.56	14.31
20:0	0.17	0.00	0.27	0.03	0.10	0.03	58.16	16.47
20:1n-11	1.35	0.17	1.87	0.22	0.52	0.19	38.95	17.14
20:1n-9	1.20	0.05	1.69	0.10	0.49	0.11	40.81	10.52
20:1n-7	0.19	0.00	0.29	0.02	0.10	0.02	50.48	13.41
20:2n-6	0.27	0.01	0.31	0.02	0.04	0.02	16.21	7.55
20:3n-6	0.18	0.01	0.20	0.02	0.02	0.02	9.96	10.21
20:4n-6	0.68	0.05	0.52	0.06	-0.15	0.07	-22.60	8.58
20:4n-3	0.83	0.06	0.71	0.04	-0.13	0.07	-14.86	6.76
20:5n-3	5.59	0.56	2.68	0.32	-2.92	0.81	-51.50	9.95

22:1n-11	0.79	0.09	1.10	0.11	0.31	0.06	39.21	9.32
22:1n-9	0.16	0.01	0.24	0.02	0.08	0.02	52.31	11.11
21:5n-3	0.38	0.02	0.38	0.03	0.00	0.02	1.02	5.58
22:4n-6	0.14	0.01	0.20	0.02	0.06	0.03	42.92	20.32
22:5n-6	0.18	0.01	0.25	0.05	0.07	0.04	36.25	21.52
22:5n-3	2.02	0.14	2.38	0.27	0.36	0.31	18.42	15.80
22:6n-3	6.42	0.34	6.66	1.16	0.24	1.03	3.63	15.60
24:1	0.07	0.01	0.13	0.02	0.06	0.02	79.99	25.93

1 **Fig. 1** Fatty acid composition of three experimental diets fed to brown bears

2

3 **Fig. 2** Concentration (mass % of total FA) of selected FA in adipose tissue of 4 juvenile

4 brown bears during 3 feeding trials, followed by hibernation (Trial 4). Pink circles

5 indicate the FA composition of the experimental diets

6

7 **Fig. 3** Mean calibration coefficients (log scale, \pm SD) calculated from 4 juvenile brown

8 bears at the conclusion of 3 feeding trials. Also shown are calibration coefficients from

9 captive mink fed a marine-based diet (mink data from Thiemann 2006, Thiemann et al.

10 2008)

11

12 **Fig. 4** Mean (\pm SD) diet estimates from QFASA for four brown bears sampled at the end

13 of controlled feeding experiments. Horizontal dashed lines indicate true diet composition

14 (see Table 1). Diet estimation used calibration coefficients generated from the feeding

15 trials, from captive mink (Thiemann et al. 2008), or no calibration. Trial 1 calibration

16 coefficients could not be applied to bears in Trial 2 or 3 because of the limited number of

17 FA in Trial 1

18

19 **Fig. 5** Mean (\pm SD) diet estimates for four brown bears sampled intermittently during

20 controlled feeding experiments. See Table 1 for diet composition. Panels A and B: Diet

21 estimation used calibration coefficients generated from the same trial for trials 1-3; trial 4

22 used calibration coefficients from trial 3 (see text for details). Panels C and D: Diet

23 estimation used calibration coefficients generated from captive mink fed a marine-based
24 diet (Thiemann et al. 2008)

25

26 **Fig. 6** Mean (\pm SD) sum of differences between estimated and actual diets for four brown
27 bears sampled intermittently during controlled feeding experiments. See Table 1 for diet
28 composition. Panels A and B: Diet estimation used calibration coefficients generated
29 from the same trial for trials 1-3; trial 4 used calibration coefficients from trial 3 (see text
30 for details). Panels C and D: Diet estimation used calibration coefficients generated from
31 captive mink fed a marine-based diet (Thiemann et al. 2008)

32

33 **Fig S1** Concentration (mass % of total FA) of all 45 FA in adipose tissue of 4 juvenile
34 brown bears over 3 feeding trials, followed by hibernation (Trial 4). Pink circles indicate
35 the FA composition of the experimental diets

36

37 **Fig S2** Sums of differences between actual and estimated diet composition across
38 different sets of calibration coefficients in 3 controlled feeding trials. Boxplots show
39 upper and lower quartiles and maximum, minimum, and median values

40

41 **Fig S3** Sums of differences between estimated and actual diets for four brown bears
42 sampled intermittently during controlled feeding experiments. See Table 1 for diet
43 composition. Diet estimation used calibration coefficients generated from the same trial
44 (top row) or from captive mink fed a marine-based diet (bottom row). Boxplots show
45 upper and lower quartiles and maximum, minimum, and median values

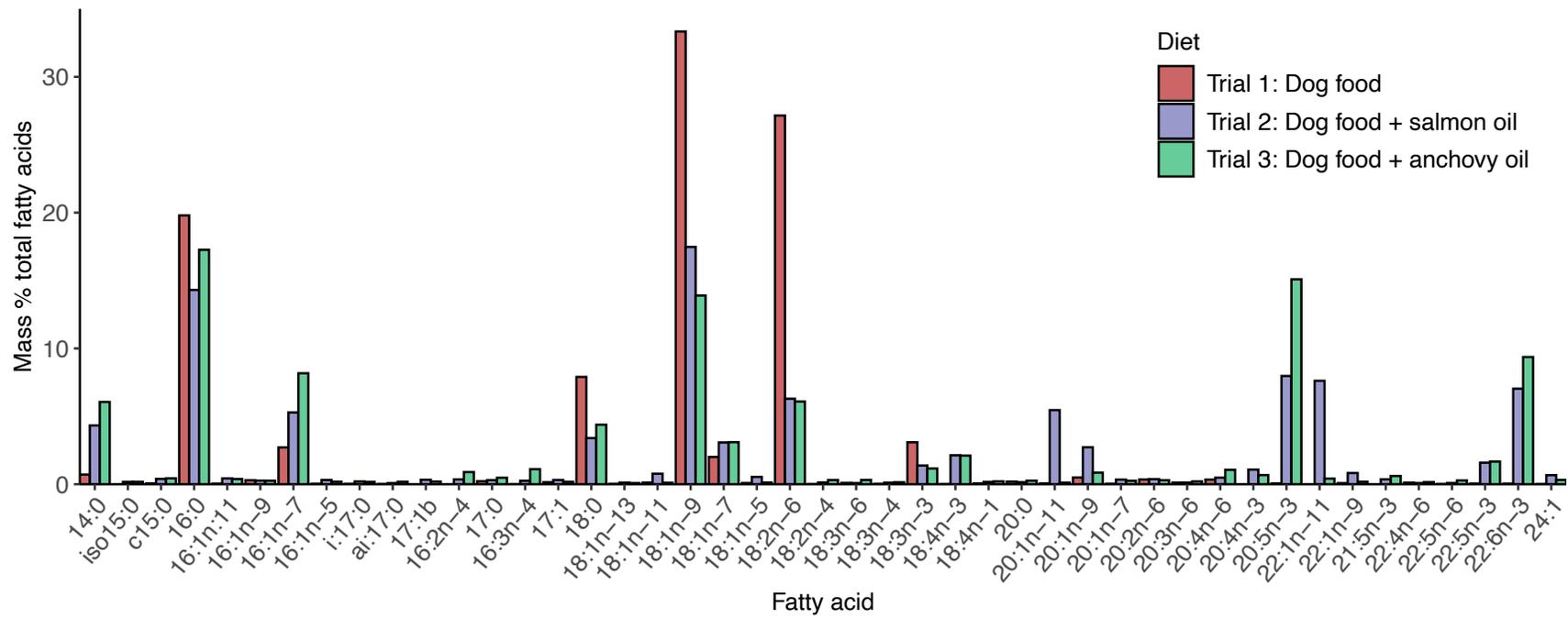


Fig. 1 R1

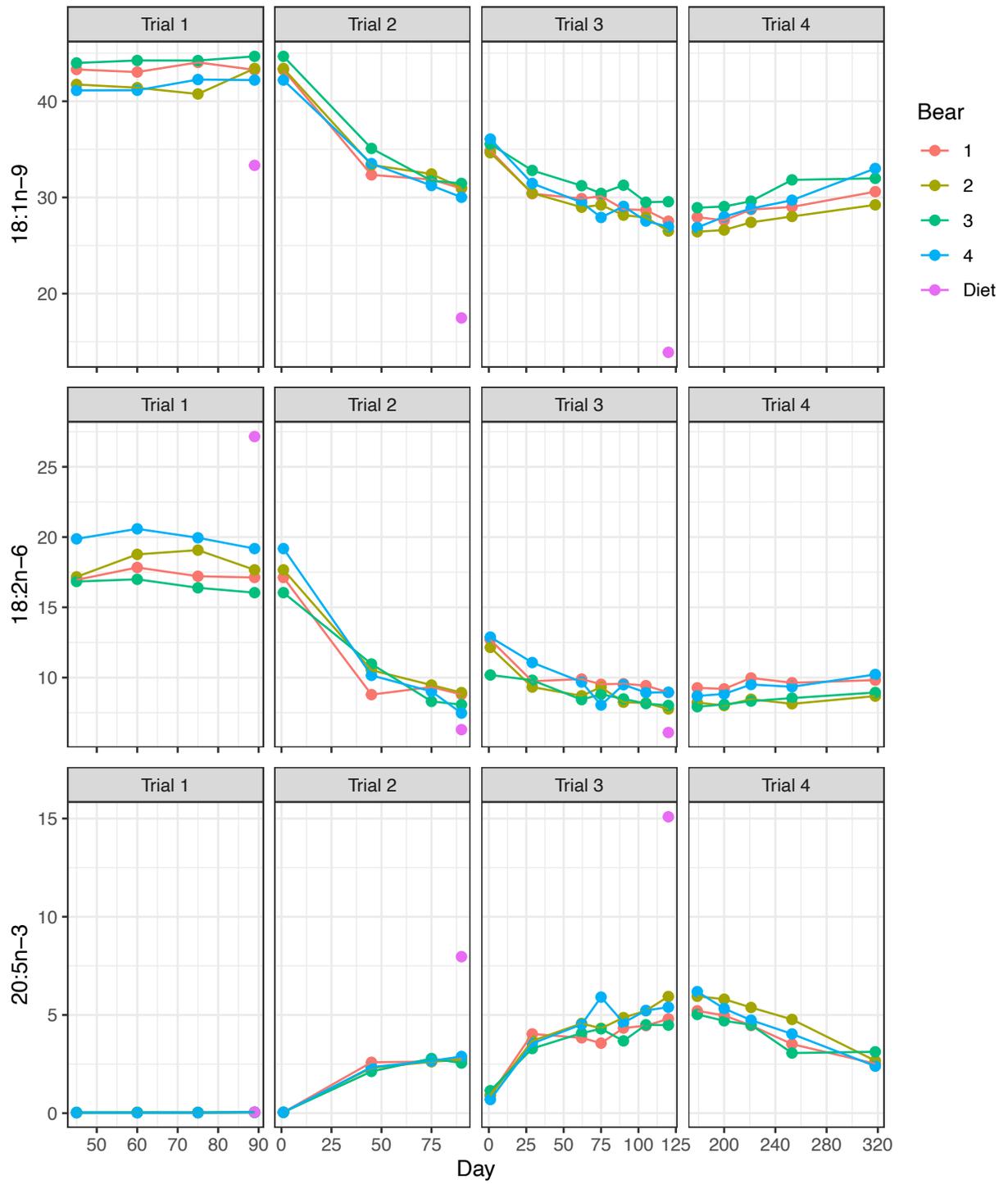


Fig. 2 R1

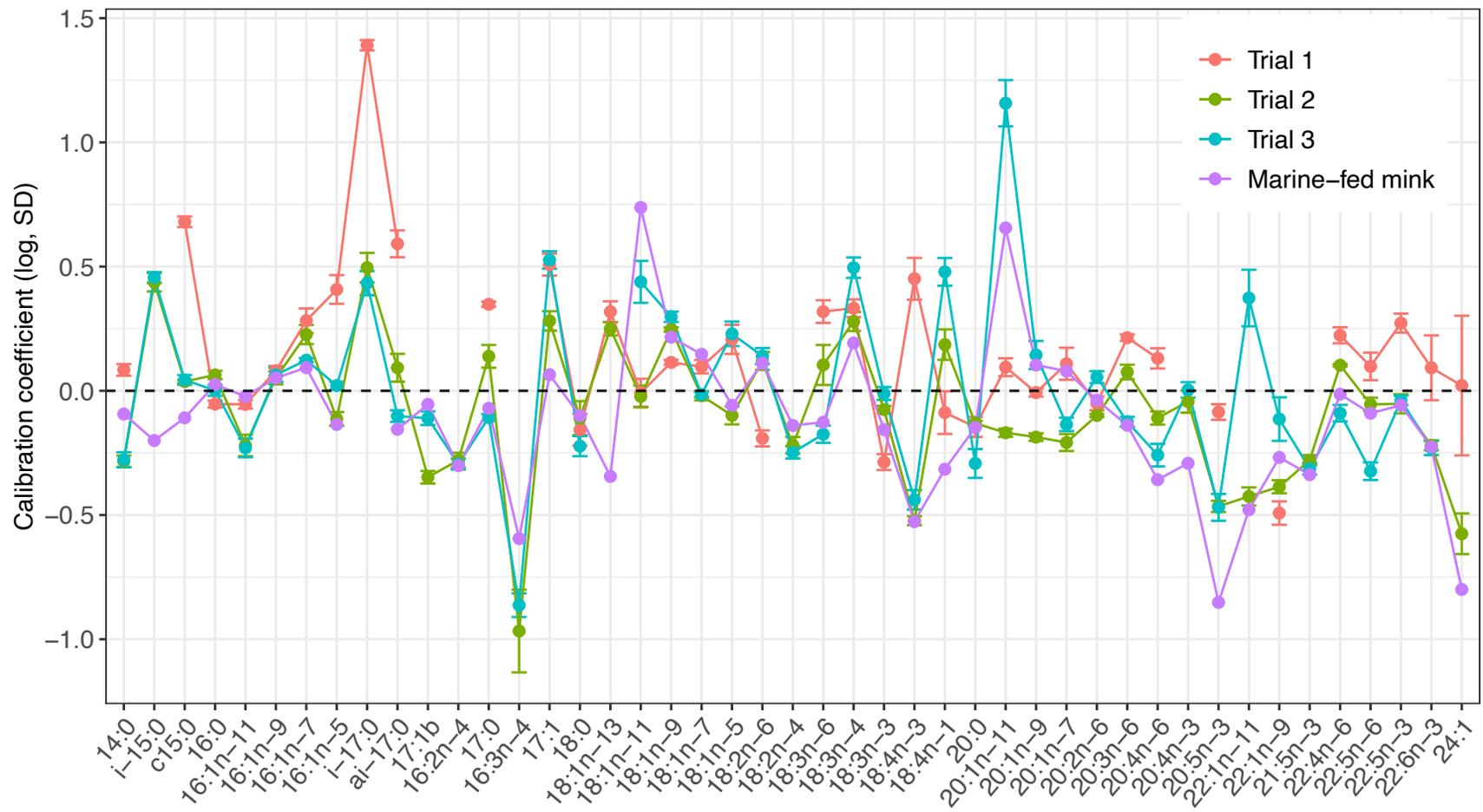


Fig. 3 R1

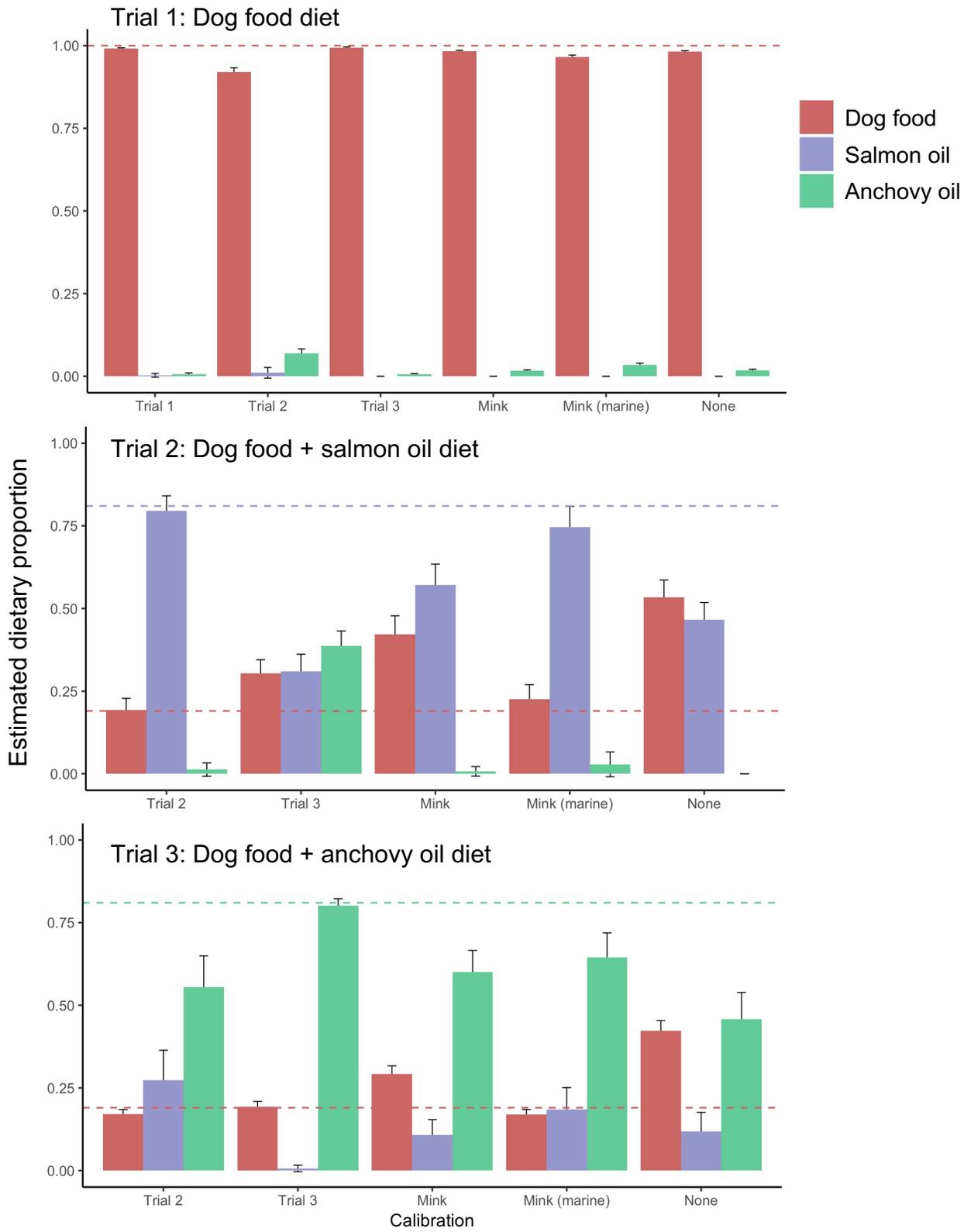


Fig. 4 R1

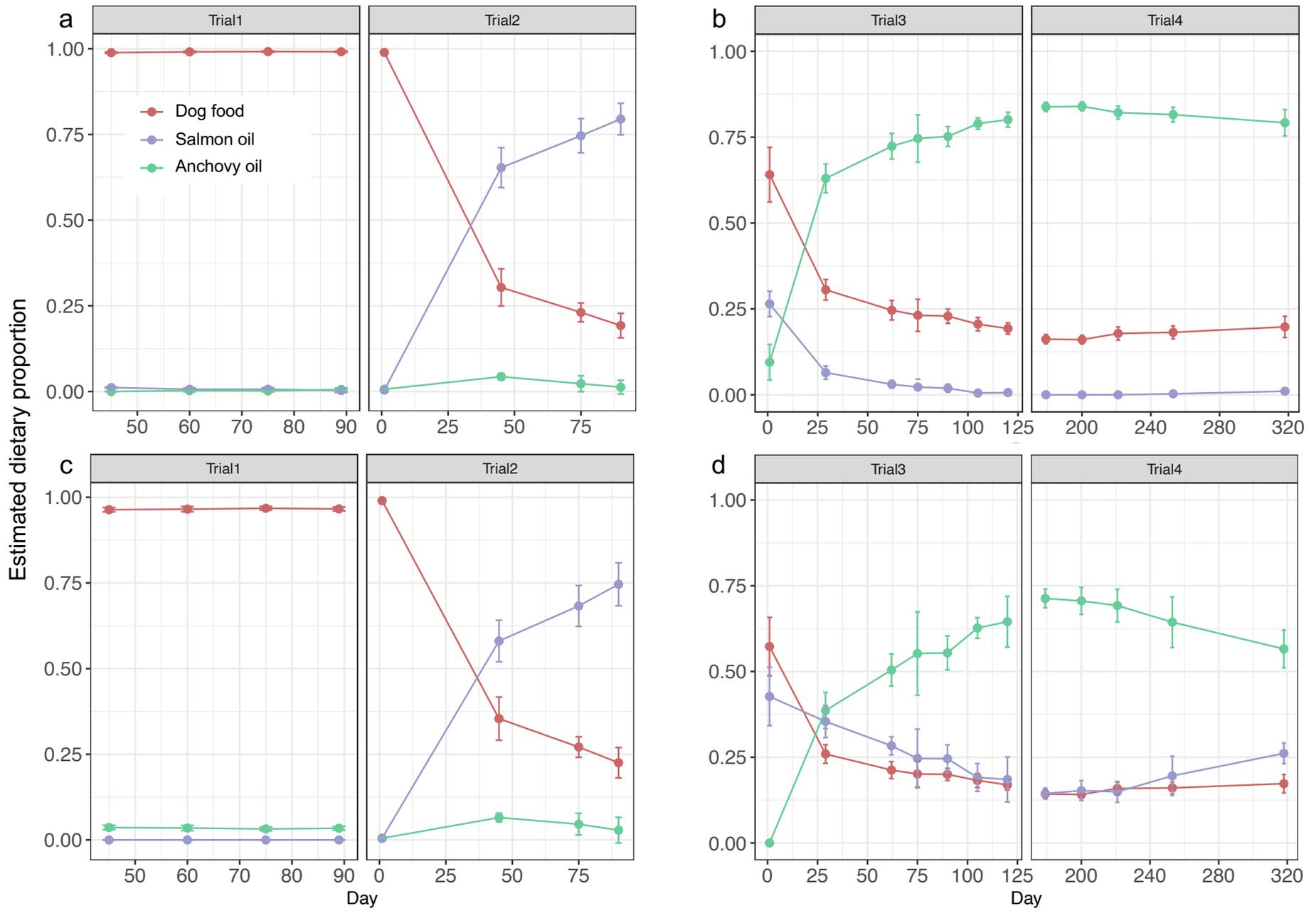


Fig. 5 R1

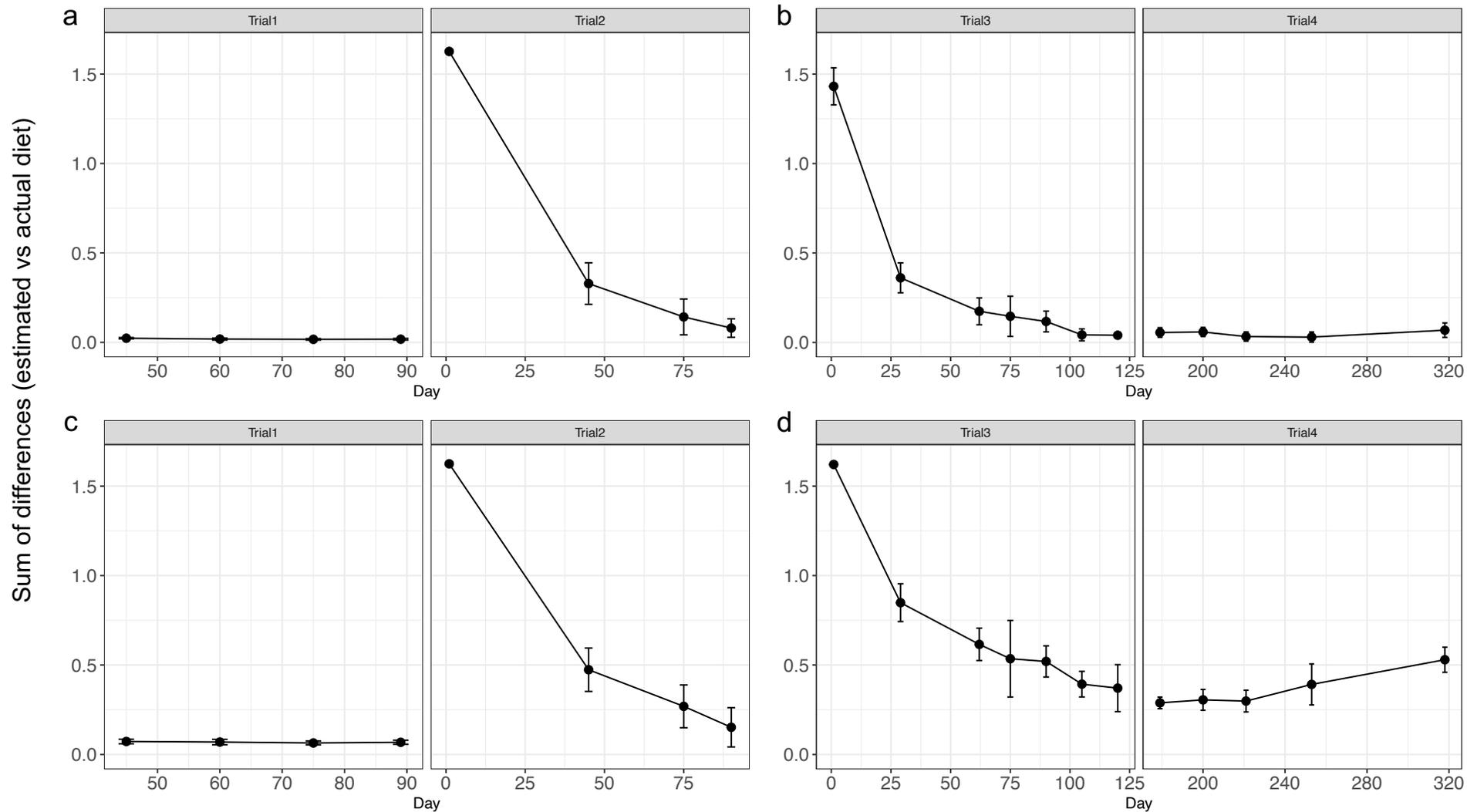


Fig. 6 R1